

**Company Directors:**

Pat Dryden  
Stephen Hawkes  
David Harrison  
Lee Shurey

**General Manager:**

Laura Burns

**Compliance Officer:**

Stephen Hawkes

**Webmaster:**

David Harrison

**Newsletter Editor:**

Pat Dryden

**Contact Details:**

Llanwrtyd Wells Community Transport and Events Recycling  
The Lion Garage, Castle Street,  
Builth Wells, LD2 3BN

☎: 01982 552727

✉: [office@lwct.org.uk](mailto:office@lwct.org.uk)

💻: [www.lwct.org.uk](http://www.lwct.org.uk)

Llanwrtyd Community Centre  
The Old Station Buildings  
Station Road  
Llanwrtyd Wells  
LD5 4RP

☎: 01591 610789 (answer phone only) or 01982 552727

✉: [office@lwct.org.uk](mailto:office@lwct.org.uk)

VAT Registration No: GB132 1608 53

Company Registration No: 7924691



**Social Enterprise UK**  
Certified Member

Registered Office: C/o Andrew Jones & Co, The Old Surgery, Spa Road, Llandrindod Wells, LD1 5EY.



**Cludiant Cymunedol**

**Llanwrtyd Wells**

**Community Transport**

**NEWSLETTER**



**Rhifyn/Edition 31**

**Medi/September 2021**

Helô bawb/hello everyone

Welcome to September, although we may not have had the sunniest of summers, it is lovely having the restrictions imposed on us for so much of the year lifted last month! Having the weather dry at least has hopefully made it possible for everyone to get out and meet up with friends and family. It is good to see the hospitality and events sectors getting back to normal too. For us, a return of the events is a much welcome sight as we can get our recycling services back up and running again, bringing in much needed revenue to support the community transport side.

We were very sad to hear that Dderwendeg Nursery has recently closed their doors for the last time. We would like to wish Stan and Velma all the best for the future, the nursery will be missed!

Hoping you find our latest offering interesting, and as always, we would love to hear your views, publicize any local event, or if you would like a monthly copy emailing to you personally, please let me have your details on [pat@lwct.org.uk](mailto:pat@lwct.org.uk).

Cofion cynnes/kindest regards. Laura x

## The Month of September

September gets its name from the Latin word "sept" meaning seven. It used to be the seventh month in the calendar before January and February were added at the beginning of the year, pushing September to the ninth month.

Did you know, September 1<sup>st</sup> is always on the same day as December 1<sup>st</sup>, but it never ends on the same day of the week as any other month in the year?

**September 13** is Roald Dahl day. This day celebrates the world's number 1 storytellers' birthday. He was born in Llandaff in Cardiff on this day in 1916, meaning he would have been 105 this year.

**September 21** is International Day of Peace. On this day every year, there is a call for a full day of peace and ceasefire throughout the world. The General Assembly of the United Nations declared that the day be observed as a day of global ceasefire and non-violence, an invitation to all nations and people to honour a cessation of hostilities for a day.

**Virgo** – Virgo is the star sign from August 23 to September 22 and is one of the earth signs. The constellation Virgo has different origins depending on which mythology is being studied. Most myths generally view Virgo as a maiden with



heavy association with wheat. In Greek and Roman mythology, they relate the constellation to Demeter, mother of Persephone, and Greek goddess of the harvest, or Proserpina, the Roman goddess of the harvest. Another association is with the myth of Parthenos (meaning virgin in Greek), which explains how the actual constellation Virgo came to be.

In the legend, Parthenos is the daughter of Staphylus and Chrysothemis, and sister to Rhoeo and Molpadia. Rhoeo had been impregnated by Apollo, but when her father discovered her pregnancy, he assumed it was by a random suitor and was greatly ashamed. As punishment, he locked her in a box and threw her in a river. After the terrible fate of their sister, Parthenos and Molpadia lived in fear of their father's terrible wrath. One evening, Staphylus left his daughters in charge of a very valuable bottle of wine. When they both accidentally fell asleep, one of their swine broke the bottle. Terrified of their father, the sisters fled to a nearby cliff and threw themselves off. But because of his previous relations with Rhoeo, Apollo saved his two sisters and delivered them to the safety of nearby cities in Cherronseos. Molpadia ended up in Castabus where she changed her name to Hemithea and was worshipped as a local goddess for many years. Parthenos settled in Bubastus where she was also worshipped as a local goddess. According to another story, Parthenos was a daughter of Apollo who made the constellation to commemorate her death at a young age.

While this is only one myth of the origin of Virgo, she is seen throughout all manner of myths. In Egyptian mythology, the time when the Sun was in the constellation Virgo marked the beginning of the wheat harvest, thus connecting Virgo back to the wheat grain. In Christianity, Jesus was born to a virgin in the town of Bethlehem ("bread"); the ancient Zodiac ended in the constellation Leo and began with Virgo. Virgo has the equivalent sign in Indian astrology as the Kanya (which also means "maiden"), and has even been connected with the Virgin Mary.

**Y Golofn Gymraeg (The Welsh Column)** is at the end of the newsletter. Please let us know if this is something you find useful for you and/or your friends

## Volunteer Opportunities



### Volunteer Drivers Needed Locally and in Llandrindod Wells

Over recent years, Llandrindod Wells has been without a community car scheme, and LWCT have stepped in to help with transport where we can. With these recent requests becoming more frequent, we have decided to "adopt" Llandrindod Wells into LWCT. While we are doing this on a relatively small scale, we need to recruit a few volunteer drivers in the Llandrindod area to make this a more affordable and sustainable project and may look to expand this over the coming months if it proves popular.

Having a dedicated team of volunteer drivers in the area that will be supported by our existing volunteers and office staff, will enable us to have a bespoke service which we hope will become as popular as our current services in the Llanwrtyd Wells areas. Like the scheme in Llanwrtyd Wells, the Llandrindod Wells division will be offering one to one car journeys for those needing to access medical appointments, shopping, and any other essential and social journeys.

If you, or anyone you know, would be interested in joining our team as a volunteer driver, in either Llandrindod Wells, Llanwrtyd Wells or any of the surrounding areas, please get in touch! We can be contacted on the landline 01982 552727, email [office@lwct.org.uk](mailto:office@lwct.org.uk) or speak to Laura directly on her mobile 07767 771489

You would need a full driving licence which we would need to see, and if you are willing to use your own vehicle, we would need sight of your insurance cover.

We would provide all PPE like masks, gloves, sanitiser for you and your passengers. We do have a couple of company cars that you may be able to use if you prefer not to use your own vehicle. If you are interested in becoming a part of the team, please get in touch, even if you can only offer 1 hour a month, every minute of time is appreciated and means so much to those people that you help. Volunteer drivers get a mileage reimbursement in line with government guidelines.

## Covid-19 Vaccinations

Just to remind you we are able to supply transport free of charge for anyone in our local area with an appointment for a Covid-19 Vaccination.



We are incredibly grateful to all the staff and volunteers working at the vaccine centres, they have all been so helpful and accommodating with our drivers when taking people in for vaccines. We are also very proud to have been able to help in the very successful roll out of the vaccine programme within Powys.

This is a busy part of our service and there is much demand for it, so please contact us as soon as you are able if you would like us to help you. Incidentally we do have a wheelchair friendly vehicle for those who cannot access an ordinary car. This service is for our own local community, however please contact us and if you are out of our catchment area we will try and point you in the right direction for other transport services.

To book a journey or find out more, please contact us at [office@lwct.org.uk](mailto:office@lwct.org.uk) or on 01982 552727. If there is no answer, please leave your name and contact number and we will get back to you.

## Shopping bus

Over the next couple of months, we would love to see our old shopping bus return. We understand that some people may still be wary of going to the shops themselves, so we will continue to do shopping for those people, but if you would be interested in using our shopping bus, we will be looking to get them back up and running in the very near future and will put up our planned trips on facebook, other social media and in the newsletter.

# **Our Billet Stinks**

by Clive Sanders

**There is something not right in our billet,  
I think something's rotten in here.  
There is something gone off in our billet,  
There's a smell that's both awful and queer.**

**I think that it comes from the corner,  
Where Pig-pen would normally sleep.  
But he's gone away on manoeuvres,  
And won't be back home 'til next week.**

**There is something that stinks in our billet,  
It could be a mouse or dead rat,  
Or it could be that Pig-pen's the culprit,  
But there's no way of checking on that.**

**The smell now grows worse every morning,  
We're gagging when we wake each day.  
We've spent lot of cash on Potpourri,  
But we can't make the stink go away.**

**There is something that stinks in his locker,  
It's Pig-pen who's clearly to blame.  
We'll have to break into his locker,  
The one that bears Pig-pen's real name.**

**Do you know what we found in his locker?  
A Pork Pie was hid in his boots.  
Not only did it smell like raw sewage,  
But it had clearly defined purple roots.**

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If anyone is interested in reading more of Clive's poems, he has a book for sale on Amazon, Military Verse Volume 2, those reading by email can follow this link [Military Verse: Volume 2: Amazon.co.uk: Sanders, Clive: 9781090500373: Books](https://www.amazon.co.uk/Sanders-Clive-9781090500373-Books)

## Recycling

As mentioned earlier, the events industry is slowly starting to recover after the lockdowns due to coronavirus. This is brilliant news for us, our recycling services are a great source of income to help support the transport and lets us offer our services at an affordable price to those using the services. We are delighted to be offering our recycling services at the antiques fair at the Royal Welsh Showground over the weekend of 4<sup>th</sup> and 5<sup>th</sup> September. This will be our first event in nearly 22

months, the last event being the Royal Welsh Winter Fair all the way back in November of 2019.

We are hoping to tender for the Royal Welsh Winter Fair again this year as this is a really big event for us. The Winter and Spring

events are the biggest events we have covered to date and are really looking forward to being able to work with the Royal Welsh Agricultural Society at these events.

Our recycling services can range from really big events, like the Winter Fair and Smallholders festival down to small village shows! At the bigger events, we usually do a full service, where we put the bins out in areas to catch the most amount of waste, empty the bins throughout the day, and litter pick the site after. The smaller events can be done on a bin hire basis only. If you have any requirements, no matter how small, we are always willing to help and find the best solution for your event.

All our recycling signs are bilingual; the picture above is an example of a full recycling station at one of the events at the Royal Welsh Show Ground.





**THE BRACKEN TRUST CANCER SUPPORT  
CENTRE IS A REGISTERED CHARITY  
BASED IN LLANDRINDOD WELLS.**

The Trust supports anyone affected by cancer (including those who have experienced a bereavement) in the Mid Wales and border areas. It provides information, advice, complementary therapies, counselling, and a range of activities which encourage people to manage their condition and maintain an excellent quality of life (free of charge).

**It is delighted to confirm that it is reopening its hub at the GP surgery in Llanwrtyd Wells every 2<sup>nd</sup> Weds of the month (9.30a.m. – 3.30p.m.)**

Currently, access to services is by appointment only so if you would like to book an appointment to speak to a nurse or receive a complementary therapy/ counselling, please telephone: 01597 823646 (between 9a.m. – 5p.m. Monday to Friday).

### The harvest moon

The Full Moon closest to the September equinox is called the Harvest Moon, and it is either in September or October. The Harvest Moon is the Full Moon nearest the September equinox, which occurs around September 22. Most years, the Harvest Moon is in September, but around every three years, it is in October.

### **Full Moon Names**

Harvest Moon is the most famous of all the Full Moon names. Some sources claim the name originates from ancient Native American tradition. Others point out that Harvest month was recorded as early as in the 700s in both Anglo-Saxon and Old High German languages.



In ancient times, it was common to track the changing seasons by following the lunar month rather than the solar year, which the 12 months in our modern calendar are based on.

### **From Europe and America**

For millennia, people across Europe, as well as Native American tribes, named the months after features they associated with the Northern Hemisphere seasons. Many of these names are very similar or identical.

Today, we use many of these ancient month names as Full Moon names. A common explanation is that Colonial Americans adopted many of the Native American names and incorporated them into the modern calendar.

The Old Farmer's Almanac famously publishes a list of Full Moon names, and we have chosen to use these as the main Full Moon names. However, it seems that a combination of Native American, Anglo-Saxon, and Germanic month names gave birth to the Full Moon names we use today.

### Named After Crops

The most common Native American names for the September Full Moon is Full Corn Moon and Barley Moon, and these names do not vary with the equinox. The October Full Moon was called Hunters Moon, Blood Moon, and Sanguine Moon by



different Native tribes. However, this is not to be confused with a total lunar eclipse, also known as a Blood Moon, due to the reddish colour the Moon takes on during a total eclipse.

When the Julian calendar was introduced in 45 BCE, the Latin month names became more common. The earlier Pagan and Native American month names have since been reintroduced as Full Moon names, particularly by various Farmer's Almanacs in the United States.

### Harvest Moon 2021

21 Sep 2021, 00:54

### Traditional Full Moon Names

- |  |   |
|--|---|
| <b>Wolf Moon – January</b>               | <b>Snow Moon – February</b>                 |
| <b>Worm Moon – March</b>                 | <b>Pink Moon – April</b>                    |
| <b>Flower Moon – May</b>                 | <b>Strawberry Moon – June</b>               |
| <b>Buck Moon – July</b>                  | <b>Sturgeon Moon – August</b>               |
| <b>Harvest Moon – September/ October</b> | <b>Full Corn Moon (Harvest) – September</b> |
| <b>Hunter's Moon (Harvest) – October</b> | <b>Beaver Moon – November</b>               |
|  | <b>Cold Moon – December</b>                 |

### Tokyo 2020

The long awaited Tokyo 2020 Olympics finally went ahead last month, with the Paralympics starting on the 24<sup>th</sup> of August and the closing ceremony on 5<sup>th</sup> September. Team GB did an amazing job securing 65 medals in total, 22 Gold, 21 Silver and 22 Bronze. Let's hope the Paralympians can be as successful!

To celebrate the Olympics, Llanwrtyd shop owners and residents decorated windows with displays celebrating everything Tokyo 2020 related!

There were some really lovely displays, and I am glad I did not have to judge them!

So, the results were

#### Business Category

- 1<sup>st</sup> Cupboards and Cakes
- 2<sup>nd</sup> Lorraine's Alterations
- 3<sup>rd</sup> Neuadd Arms

#### Residential Category

- 1<sup>st</sup> The Croker Family
- 2<sup>nd</sup> The Price Family
- 3<sup>rd</sup> Brynirfon



There are far too many lovely windows for me to be able to display them all here, but you can see all the entries on the Llanwrtyd Wells Festival 2021 page on Facebook. Those receiving the newsletter by email can follow this link <https://www.facebook.com/groups/1794024780917919/>

Photo above is of the winning window in the business category by Cupboards and Cakes

# Dolly

by Clive Sanders

**Dolly, my love, died this morning,  
And I can't get that fact in my head,  
I thought that she was just sleeping,  
When I brought her her breakfast in bed.**

**We lived in a house in the country,  
And we'd go on our long nature walks,  
I'd tell her about things we looked at,  
And she'd patiently take in my talks.**

**She loved our long strolls in the meadows,  
And sometimes we'd run in the lanes.**

**She would help me if I got too tired,  
And support me if I suffered pains.  
Then in summer we'd go to the beaches,  
And she loved running over the sand,  
She enjoyed meeting visiting tourists,  
And would show it by licking their hand.**

**But now Dolly has gone on before me,  
And I'll miss her the rest of my life,  
She always was wonderful company,  
And was as caring as any young wife.  
I don't know how I'll manage without her,  
She is in every thought in my head,  
I loved her as I've loved no other,  
But now Dolly the Donkey is dead.**

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## Peter Parry – Home to School driver



Peter has worked with LWCT as a home to school driver previously but moved to another firm after we lost the school contract he was doing. When a vacancy came up on one of our runs taking children to an ALN school, Peter was delighted to return to work for us. Peter is great with the children and as a former taxi driver has a great knowledge of the local area.

## Malcolm Flitt – Volunteer driver



I decided to volunteer as I felt when moving here a year ago, I wanted to get involved with helping the local community and this role was the perfect opportunity.

The majority of my working life was in the insurance industry including fraud investigation but in latter years I worked in the NHS, Environment agency and more recently working as a sports steward at professional sporting events for Football, cricket, and horse racing.

Since we have been based here it has been great to visit many of the horse racing courses to follow one of my passions!

# ***Epynt a fi***

*gan Elin Mabbutt*

Mynydd Epynt oedd yr olygfa gyntaf i mi ei gweld bob bore a'r olaf bob nos yn ystod fy mhлentyndod hapus ar Fferm Pant-teg, Llanwrtyd.

Dwi wedi fy ngwreiddio yn hanes trist yr ardal – hanes y Weinyddiaeth Amddiffyn yn gwaredu dros 200 o bobl oddi ar ryw 30,000 erw o dir er mwyn creu ardal ymarfer i'r fyddin yn ystod yr Ail Ryfel Byd. Diwreiddiwyd cymuned glos, uniaith Gymraeg, yng nghanolbarth Cymru a gyrrwyd y teuluoedd i ardaloedd newydd, anghyfarwydd. Collwyd Capel Cymraeg y Babel, tafarn y Drovers Arms ac Ysgol Gynradd Cilienni.

Mae'r tir, a oedd unwaith yn ffrwythlon ac yn cael ei aredig yn gyson, bellach yn ddiffaith ac ardaloedd mawr ohono wedi ei erydu gan effaith blynyddoedd o fomio, saethu a gwastraff metel.

Ond wrth i mi dyfu'n hŷn, des i sylweddoli bod goblygiadau eraill i'r hyn ddigwyddodd ar yr Epynt: fe dynnwyd y galon ieithyddol allan o'r ardal! Goblygiadau a oedd i gael effaith fawr arnaf fi, fy chwaer a'm dau frawd. Wrth alltudio'n orfodol dros 50 aelwyd Cymraeg o'r ardal, fe symudwyd y ffin ieithyddol ymhellach fyth i'r gorllewin, a gwithiwyd yr iaith Gymraeg a'r diwylliant allan o'r darn hyfryd yma o ganolbarth Cymru. Yn anorfod, dros y blynyddoedd, fe seisnigeiddiwyd yr ardaloedd cyfagos.

Yn Llanwrtyd, bu'n rhaid i genhedlaeth fy rhieni frwydro'n galed i sicrhau Uned Gymraeg yn yr ysgol gynradd leol – uned a wnaeth, am flynyddoedd lawer, ffynnu ond sydd bellach wedi ei chau. Pan ddaeth yn amser i mi, yr hynaf o bedwar o blant, symud i ysgol uwchradd, doedd yna ddim dilyniant cyfrwng Cymraeg ar gael ym Mhowys. Bu i Mam a Dad aberthu yn ariannol, yn gorfforol ac yn ymarferol, i'm cludo i Ysgol Gyfun Maes-yr-Yrfa yng Nghefneithin – yr ysgol uwchradd cyfrwng-Cymraeg agosaf at Lanwrtyd, rhyw 40 milltir i ffwrdd. Ddwywaith bob dydd am unarddeg o flynyddoedd, bu fy rhieni yn ein cludo ni, blant Pant-teg, o Lanwrtyd i Gefneithin, a hynny heb unrhyw gefnogaeth swyddogol.

Hyd heddiw, does dim un ysgol uwchradd cyfrwng Cymraeg ym Mhowys! Tybed os mai dadwreiddio'r gymuned glos Gymreig hon ar yr Epynt yw un o'r prif ffactorau a wnaeth wanhau Cymreictod yr ardal ehangach. Ergyd drom oedd y chwalfa ar Fynydd Epynt yn 1940, ac mae'r effaith i'w weld hyd heddiw.

Cofiwch Epynt!

*Elin Mabbutt was brought up on Pant-teg farm, near Llanwrtyd. In this piece she considers how the forced clearance of the substantial Welsh-speaking community of Epynt has had a such a detrimental effect on the language and culture of such a wider area than the 30,000 square acres commandeered by the Ministry of Defence on the last day of June, 1940. She urges us all to consider and remember Epynt.*



**Capel y Babel, Epynt wedi'r chwalfa. / The remains of Babell chapel, the people of Epynt's centre of worship, after the community's destruction.**