

Prosiect Cludiant Cymunedol Llanwrtyd



Llanwrtyd Wells Community Transport Project

NEWSLETTER

Edition 7

September 2019

Hi everyone

Here we are again with our monthly newsletter, this one for the month of September. Wherever does time go I wonder, the months pass so quickly and we hope for an Indian summer before the autumn and cold of the winter months set in.

September is the month here in Wales; where we commemorate Owain Glydŵr, the last native Welsh man to hold the title of 'Prince of Wales' (Tywysog Cymru). It was on September 16th 1400 that he was named the Prince of Wales, which prompted his stand against the English Crown. We also celebrate on this date his vision and leadership of Wales, and acknowledge that his seal and letters proved that he was a national leader of importance, a learned head of a country with diplomatic ties as were other heads of states.



*Memorial to
Owain Glandŵr
at Machynlleth*

Even though he lived over 600 years ago he remains one of the most heroic figures in Welsh history. Owain was a descendant of the Princes of Powys on his father, Gruffudd Fychan II's side and of The House of Deheubarth through his mother, Elen ferch Tomas ap Llywelyn ab Owen. He was born C1359 (exact date unknown and could have been as much as 10 years earlier) at Sycharth Castle in Llansilin, Powys. The family had several other estates, and were a powerful family of the Anglo-Welsh nobility.

His military career began in 1384 when he served under Sir Gregory Sais on the English-Scottish border. He also fought in Richard II's Scottish War and the Battle of Cadiz. During the 1380/90's, Owain went to the Inns of Court, London to study law. This was most likely prompted by his father in law Sir David Hammer, an English Judge.

Owain was a natural leader and astute statesman. Wales already had issues, many dating from the death of Llywelyn the Last who was killed in 1282 in Cilmeri, so resulting from a long standing fall out with Reginald de Grey of Ruthin, Owain marched on Ruthin destroying the town. Following this he went on to attack towns all over north east Wales which ended in a full scale war against the English crown. By around 1403 almost all of Wales were in support of him.



Owain Glandŵr flag

Rhys Cethyn (sometimes called Gethin) was Glandŵr's standard bearer and leading general, and was a key figure in the revolts. Some of the time he hid out in a cave in The Allt Winau hillside out past Dol y Coed in Llanwrtyd Wells where he could keep watch for King Henry IV of England's troops. The cave is well known and called Twll Rhys Cethyn or Orgof Cethyn. He appears to have been killed at either the Battle of Pwll Melyn or the Battle of Grosmont in 1405.

Unfortunately, although initially Owain had major success with his battle campaign, support began to dwindle and by 1410 he had become a fugitive and his home and family destroyed. It is believed that he died around 1416; however the location of his grave is unknown.



*The late Bryan Watkins (who's land
Allt Winau is on) kneeling at the
entrance to the cave*

Here are the Green Events that take place during the month of September

Welsh International 4 Day Walks – September 18th to 21st

Well, as usual I hope you enjoy reading the newsletter and if you feel you would like a copy emailed out to you, please let me know. Happy reading

Blessings, Pat.

Outings

Twelve of us (plus John our Driver) had a lovely outing to Talgarth Mill last month, the weather was very kind to us, and we were able to begin with lunch in the Bakers Table Café where the food is somewhat delicious.

Talgarth Mill stopped turning in 1946, but the local community were determined to see it in action once more. In May 2010 they received lottery funding to restore the 18th Century Watermill to full working order.



Today wheat from near Llowes is milled four times a week and bread baking takes place on five days a week. The mill is well worth a visit, with its delightful café, craft shop and peaceful grounds where seasonal vegetables and flowers are grown, and you can see the waterwheel scooping up the water from the River Ennig.

Craft work by local artisans can be seen and purchased from the craft shop, plus freshly baked crusty bread, freshly ground flour and bread kits can be purchased from the café.

We were taken on a tour of the mill by Rob, one of the many volunteers who keep the mill running. If you would like more information about [Talgarth Mill](#), and you are receiving this newsletter by email, please click on the name and it will take you to their website.

For more photos from our day out, please have a look on our website or Facebook page.



September Outing

Our next outing is to Tenby on Tuesday September 17th. We thought it pertinent to arrange a seaside trip before the autumn comes, and we hope you will come along and join us. The cost of the outing will be £25 per person for transport, and we shall take comfort breaks at The Forge Restaurant and Lodge on the inward and outward journeys. If you fancy visiting Caldey Island, there are regular boat trips, the cost of which are £14 for adults and £11 for concession per person.

If you would like to book a place on this outing, or have any ideas for other venues to visit, please call **Ann Brown on 01591 620786**.

Events Recycling

We have been very busy of late with Events Recycling, which is very good as this brings in much needed revenue to subsidise our transport services. Laura tells me that we provided our services at the Welsh Kennel Club Dog Show on August 16th to 18th where we moved 12 tonne of waste. We are providing our services for the Antiques Fair on September 7th and 8th, and have been asked to quote for the NSA Ram Sale in late September.



LCT Heart of Wales Coffee Club

Just a reminder that we are open each Tuesday and Thursday between 10.30am and 1pm (with the exception of Tuesday September 17th when we go on the outing to Tenby), and if you pop in you can be assured of a very warm welcome. The produce in our Community Garden is growing fast, so there is often produce to purchase if you care to pop in. it's all fresh, usually picked that morning from the garden, so you cannot get fresher than that now can you?

The club is for all age groups and for anyone from the surrounding areas. Don't forget also that if you live within a two mile radius of the centre we can supply free transport if it's difficult for you to get to us.

For further details about the centre or red Kite Credit Union, please leave a message for **Sue Williams** on **01591 610789**. To take up the offer of free transport, please call **Ann Brown** on **01591 620786**

Landed Festival 2019

The Landed Festival at Llandrindod Wells took place between August 2nd and 4th and was well supported this year with about 600 people enjoying the entertainment. The Landed Festival is an independent family and young people festival of Music,



Arts and Entertainment, made possible by support from LWCT.

Shiva made an appearance and was well received now she's had her new face lift. For more photos from the Landed Festival, please see Facebook page, or [click here to look at the Landed website.](#)

If you or someone you know are holding an event and would like to know more about hiring Shiva to come along and amaze your attendees, please give **Dave Brown** a call on **01982 551295** or **07979 316680**

Community Garden

Our community garden is coming along nicely now, and already fresh produce is being taken to the coffee club and sold.



We have one volunteer, but there is much too much for one person to do alone, so if you have a little time to spare, please make contact.

If you feel you would like to volunteer with us, please give **Dave Brown** a call on **01982 551295** or **07979 316680**

Meeting Rooms for Hire

Please don't forget that we have rooms to hire for meetings, seminars, training days or for family functions. We have a fully fitted kitchen, high speed broadband and printing facilities, plenty of free parking, a small garden area and full access to the beautiful Heart of Wales Railway Line. A buffet can be arranged at extra cost to meet your needs.

If you would like any further information, or to make a booking, please leave a message for **Pat Dryden on 07881 951510 or Sue Williams on 01591 610789 (the centre's answerphone)**, or email Pat on llanwrtydcommunitycentre@gmail.com

Transport

If you need to attend a medical appointment, visit the vet with a beloved pet, go on a shopping spree, or visit family and friends, then why not enquire about our volunteer driver scheme? We can also provide mini bus hire if you and a party of friends/colleagues need to go somewhere. Remember, our services are for all age groups, so make contact if you think we can help and you would like a quote.

We cannot thank our drivers enough, particularly the ones who use their own vehicles, for providing such a flexible, caring and professional service, thank you one and all.

If you would like to use the services of our volunteer drivers, or enquire about mini bus hire, please contact **Laura Burns on 01982 552727 or 07767 771489**.

Shoppa Bus Timetable

Builth Wells each Monday

Llandrindod Wells first Friday of each month

Llandovery second Friday of each month

Brecon third Thursday of each month

Carmarthen last Wednesday of each month

Builth Wells and Llandrindod Wells alternate Fridays (call office for details)

Current scale of charges are as follows:

Destination:	Collection from Llanwrtyd Wells:	Collection from Llangammarch Wells
Builth Wells	£7.50	£6.50
Llandrindod Wells	£8.50	£7.50
Llandovery	£6.00	£7.00
Brecon	£9.75	£9.00
Carmarthen	£11.25	£12.00

If you would like to use the Shoppa Bus service please call **Ann Brown on 01591 620786**.

Ten Commandments for Reducing Stress (by Hilary Langford)

1. Thou shalt not be perfect or even try to be
2. Thy shalt not try to be all things to all people
3. Thou shalt sometimes leave things undone that ought to be done
4. Thou shalt not spread thyself too thinly
5. Thou shalt learn to say NO!!
6. Thou shalt schedule time for thyself and thy supportive network
7. Thou shalt switch off and do nothing regularly
8. Thou shalt be boring, untidy, inelegant and unattractive at times
9. Thou shalt not even feel guilty
10. Especially – thou shalt not be thine own worst enemy, but thine own best friend

Some of the Artwork done by the pupils of Ysgol Dôlofan.

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Drink, eat and Chat at
the Drop in Llanwrtyd
Station



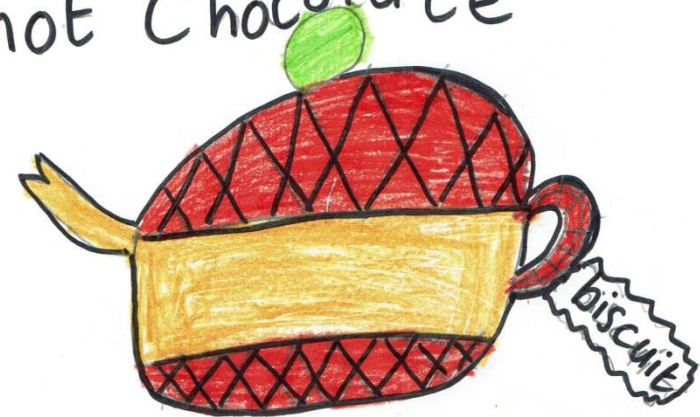
I'm
chatting
a lot



Special	Kitchen
opening	
Thursday	Hello
April 18 th at 11am	

Miaa

Come on in for a nice
hot Chocolate



all the

Llanwrtyd Wells Train station

Managing Director:





Dave Brown

Transport Manager:

Laura Burns

Contact Details:

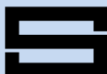
Llanwrtyd Community Transport and Events Recycling
The Tunnel Site
Cilmery
Builth Wells
LD2 3FL

: 01982 552727/551295
: comtrans@btconnect.com
: laura@Llanwrtydcommunitytransport.org.uk
: www.llanwrtydcommunitytransport.org.uk

Llanwrtyd Community Centre
The Old Station Buildings
Station Road
Llanwrtyd Wells
LD5 4RP

: 01591 610789
: llanwrtydcommunitycentre@gmail.com

VAT Registration Number: 132160853
Company Registration Number: 7924691



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