

#### HI everyone

Here is the August edition of our Newsletter bringing you up to date with the activities of Llanwrtyd Community Transport and Event Recycling over the last month. Without wishing to put the mockers on it, what about this lovely weather we've been having? Long may it continue I hear you all say.

Origin of the name 'August' - when Julius Caesar created the Julian calendar in 45 BC, two days were added giving the month 31 days. The month was later renamed Augustus in honour of the first emperor of Rome, Caesar Augustus.

The star sign for August is Q Leo the Lion, the fifth sign of the Zodiac which runs from July 23<sup>rd</sup> until August 22<sup>nd</sup>. Leo is the fixed fire sign of the Zodiac and is ruled by the Sun, the dazzling celestial body that governs life and vitality. Leos can be likened to a fire burning in the centre of a medieval hall around which everyone gathers. Leos are renowned for their stability, loyalty, and consistency. They are dedicated friends and lovers who put their heart into every relationship.

Leos are natural born leaders, have great charisma, and are generous to a fault. They are proud and exacting, and have a desire to be on top. There is something regal about them, yet they are warm and compassionate as well as having a sensual nature.

Leos like bold, bright, regal colours, gold, orange, purple, and red. The August flower is Gladioli, but bright yellow and orange are Leo colours, so wallflowers may well be a favourite. Their birthstones are Spinel and the beautiful lime green Peridot. Their favourite metal is Gold, and needless to say their favourite animal is the big cat. Leo's lucky Tarot card is Fortitude.

## Here are the Green Events that take place during the month of August:

Summer Cider Cycle on Saturday the 10<sup>th</sup>.

Rude Health Bog Triathlon on Saturday the 24th.

Rude Health World Bog Snorkelling Championships on Sunday the 25th.

Well, as usual I hope you enjoy reading the newsletter and if you feel you would like a copy emailed out to you, please let me know. Happy reading

Blessings, Pat.

# Outings

We had a lovely trip to the Thomas Shop Museum in Penybont on July 3<sup>rd</sup>, and the weather was glorious! It was a real step back in time seeing all the old haberdashery and curios and is definitely worth a visit if you are in the area!



Our August outing is to <u>Talgarth Mill</u> and for anyone receiving this newsletter electronically, please click on the name to go to the website for further information.

The mill and its grounds have recently been refurbished, and we shall see them grinding the flour when we visit. There will also be a video and demonstration of bagging the flour. There will be opportunity to purchase flour and other items, plus bread baked freshly on the premises. There is also a café where we can have a cuppa and a piece of cake.

The visit will be an afternoon one as they already have a morning party booked in. The cost of transport will be £10 per person, and it is advisable to book your place without delay as several seats are already taken.

If you would like to book a place on this outing, or have any ideas for other venues to visit, please call **Ann Brown on 01591 620786**.

#### **Annual General Meeting**

Our AGM takes place at 10am on Friday August 30<sup>th</sup>, and I take this opportunity to invite you along.

The venue will be Llanwrtyd Community Centre at the Station. Everyone is welcome to attend, however we do need numbers please to ensure we have enough seating. If you intend to come along please let us know on 01982 552727 or by email on <u>comtrans@btconnect.com</u>.

#### **Rural Business Awards**

We are pleased and proud to let you know that we are finalists in the Rural Business Awards - Wales and Northern Ireland Region. We are currently in the top three applicants for the award, so fingers and everything crossed, come Mid November we shall know whether we have been successful.



#### LCT Heart of Wales Coffee Club

Just a reminder that we are open each Tuesday and Thursday between 10.30am and 1pm, and if you pop in you can be assured of a very warm welcome. The club is for all age groups and for anyone from the surrounding areas.

We would love to hear your ideas of how the premises can be used fully ..... do you have any ideas you could share with us? We would like to open for more days, or expand the time we are open by providing a lunch club or something similar. Are there any pastimes you would like to see going on there?

The centre is also a service point for Red Kite Credit Union, and Sue Williams who manages the drop in would be the person to speak to if you have any queries. Don't forget that if you live within a two mile radius of the centre we can supply free transport if it's difficult for you to get to us.

# For further details about the centre, please leave a message for **Sue Williams on 01591 610789.** To take up the offer of free transport, please call **Ann Brown on 01591 620786**

#### Introducing Shiva, the Indian Goddess

Shiva was designed and built over 10 years ago, unfortunately the person who did the initial work has since sadly passed away. Shiva is made entirely from recycled scrap of various kinds, and being the lady she is, she helps to raise much needed income for the group to subsidise their services to the community.

Dave told me that after 10 years of service at events, they decided 18 months ago that the lady needed to come into the depot for light refurbishments and rust removal, mmmmmm, the best laid plans etc.

As we all know, the jobs we sav 'oooh it won't take long' usually take the longest, so once she was back in the depot they realised it was a major piece of work involving removing the outer covering, welding and recovering .... no mean feat I must say, but not a job that was shirked by our Managing Director Dave who can be seen on this photograph adding some of the finishing touches so Shiva feels confident to face the world once more. Like all



ladies she likes to look her very best in public.

Shiva is very statuesque standing 18 feet tall and weighing three quarters of a ton. Her inner frame is made of Builders Rebar, and her armour is made of metal from scrap cars and caravans. Her beautiful eyes are made from





mirror, and the jewels on her headdress made from shiny bottle tops.

Shiva is just about ready to go and earn some more money, and we hope her first event will be at the Landed Festival at Llandrindod Wells from August 2<sup>nd</sup> until 4<sup>th</sup>. The Landed Festival is an independent family and young people festival of Music, Arts and Entertainment, made possible by support from this newsletter electronically, this is the link to the

LWCT. If you are receiving website for more information.

If you or someone you know are holding an event and would like to know more about hiring Shiva to come along and amaze your attendees, please give **Dave Brown** a call on **01982 551295 or 07979 316680** 

## **Meeting Rooms for Hire**

Please don't forget that we have rooms to hire for meetings, seminars, training days or for family functions.

We have the room used for the drop in which can comfortably seat 20 people and is available any day except Tuesday and Thursday, and a meeting room to

comfortably seat 12 people available every day. We have a fully fitted kitchen, high speed broadband and printing facilities, plenty of free parking, a small garden area and full access to the beautiful Heart of Wales Railway Line. A buffet can be arranged at extra cost to meet your needs.



If you would like any further information, or to make a booking, please leave a message for Andrew Cook or Sue Williams on 01591 610789 (the centre's answerphone), or email Andrew on <u>llanwrtydcommunitystation@outlook.com</u>

# **Community Garden**

Our community garden is coming along nicely now, however we still need more help.

We have one volunteer, but there is much too much for one person to do alone, and anyhow, gardening can be a sharing experience, we are seeking especially someone who likes to grow and care for flowers, so if you have a little time to spare, please make contact.

It may be that you like gardening but don't have a patch of your own. Gardening can be fun and informative, so would be a sharing of ideas and expertise plus some exercise and fresh air, so why not give us a call to find out more.

# If you feel you would like to volunteer with us, please give **Dave Brown** a call on **01982 551295 or 07979 316680**

## Transport

If you need to attend a medical appointment, visit the vet with a beloved pet, go on a shopping spree, or visit family and friends, then why not enquire about our volunteer driver scheme?

We can also provide mini bus hire if you and a party of friends/colleagues need to go somewhere. Remember, our services are for all age groups, so make contact if you think we can help and you would like a quote.

We cannot thank our drivers enough, particularly the ones who use their own vehicles, for providing such a flexible, caring and professional service, thank you one and all.

If you would like to use the services of our volunteer drivers, or enquire about mini bus hire, please contact **Laura Burns on 01982 552727 or 07767 771489.** 

# Shoppa Bus Timetable

Builth Wells each Monday Llandrindod Wells first Friday of each month Llandovery second Friday of each month Brecon third Thursday of each month Carmarthen last Wednesday of each month Builth Wells and Llandrindod Wells alternate Fridays (call office for details)

## Current scale of charges are as follows:

Destination:	Collection from Llanwrtyd Wells:	Collection from Llangammarch Wells
Builth Wells	£7.50	£6.50
Llandrindod Wells	£8.50	£7.50
Llandovery	£6.00	£7.00
Brecon	£9.75	£9.00
Carmarthen	£11.25	£12.00

If you would like to use the Shoppa Bus service please call **Ann Brown on 01591 620786**.

#### Ode to the Indispensable Man

Sometimes when you think you're important Sometimes when your ego's in bloom Sometimes when you take it for granted You're the most qualified one in the room

Sometimes when you think that your going Would leave an incredible hole, Just follow these simple instructions And see how they humble your sole.

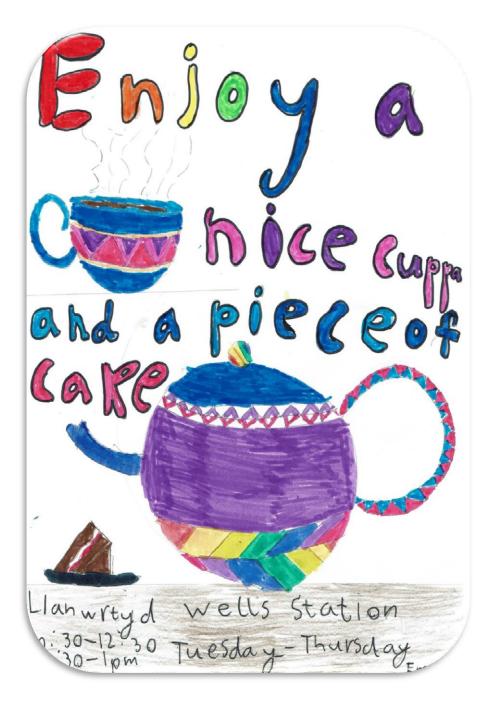
Take a bucket and fill it with water Put your hands in right up to the wrist, Pull them out and the hole that remains Is the measure of how you'll be missed.

You may splash all you please when you enter You may stir up the water galore. But stop!! And you'll find in a second That it looks just the same as before.

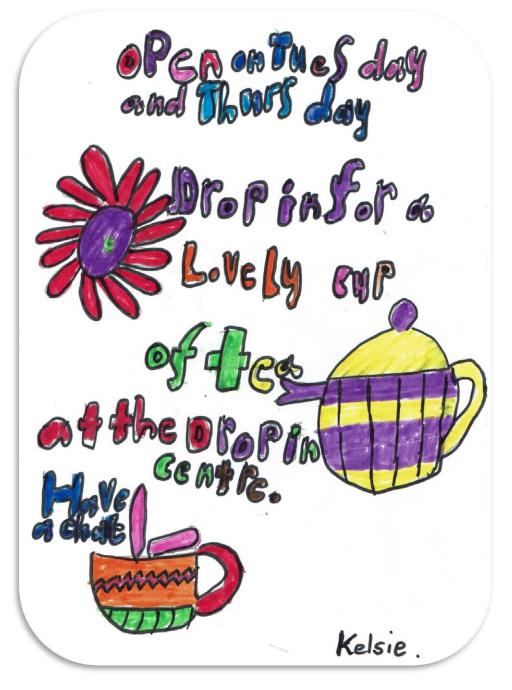
> The moral of this quaint example Is do just the best that you can Be proud of yourself, but remember There's no indispensable man.

> > Saxon White Kessinger.

Some of the Artwork done by the pupils of Ysgol Dôlofan.



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# Managing Director: Trustees:

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